Newsletter

Hi, I'm Avery. Last Friday the year 5/6s went down to the Carrum beach and foreshore to do a

rubbish clean up. Everyone had a lot of fun but it is so disappointing seeing all of the rubbish that people just leave lying on the ground and not taking notice of it. Some things that we found were cigarette butts, plastic bottles, soft plastics and loads more.

Cheers, Avery School Captain



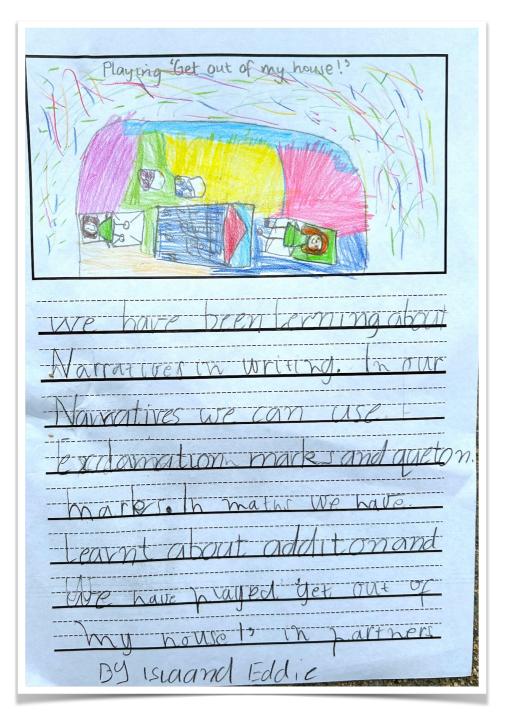




9 MAY 2024

This week we have had heaps of fun in 3/4. For inquiry we are doing the theme places around Australia. We also had cross country, there were a lot of girls and boys competing to make District Cross Country on Friday the 10th! Some classes had Kitchen and made Asian dishes like the Asian Egg and Green Bean Salad, Okonomiyaki, Gyozas and a Noodle, Avocado and Snow Pea Salad! For maths we were learning about mapping in the booster groups and for reading we are looking at cause and effect. We also had the Mother's Day stall on Thursday.

O Cheers! - Meila and Judd O (3/4D)



School Photos 14 May

> Click For Calendar Dates







TERM 2 ORDERS NOW OPEN! Welcome to your New Canteen Service

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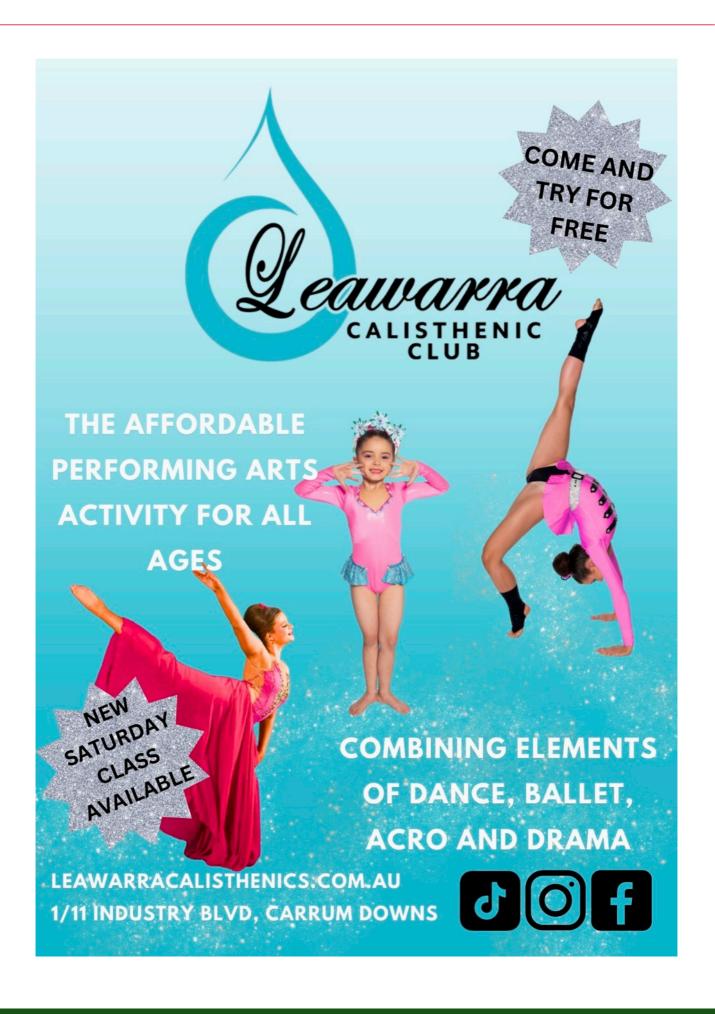
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RAISING BODY Kind TEENS



SUPPORTING BODY CONFIDENCE AND HEALTHY RELATIONSHIPS WITH FOOD AND EXERCISE IN YOUNG PEOPLE

Thursday 23rd May, 2024 7pm – 8.30pm VIA ZOOM

Recording Available for Limited Time.



Follow the link below to register for this

https://www.trybooking.com/ CPPCV



Contact: E: education@butterfly.o rg.au T: 02 8456 3908 www.butterfly.org.au

_(i)

With a focus on preventing body dissatisfaction and serious eating issues, this session provides information and practical tips to help parents of teenagers better understand and promote positive body image in the home. It encourages all members of the family to be Body Kind; kind in the way they move, nourish, nurture and speak about their own body and others. Importantly, it explores how to respond when your teen expresses negativity towards themselves or others and what to do if you are concerned.

Whilst the session does aim to increase understanding of eating disorders the focus is on prevention and fostering positive body image and healthy behaviours.

KEY THEMES

- How positive body image helps teens to thrive and protects against the development of serious body and eating issues.
- Key influences on body image, including diet culture, weight stigma, social media and the importance of 'positive following'
- Strategies to reduce appearance talk and body comparisons and increase body appreciation
- How to respond to negative body talk and appearance bullying/teasing
- Supporting Body Kind eating, movement and self-care in teens
- The power of role modelling positive body image and being kind to our own and all bodies
- The importance of early intervention and what to do if you are concerned
- Referral and support information including Butterfly's helpline.



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🛠 SEM Magic is honored to be an official provider of Basketball Australia's renowned introductory program, Aussie Hoops, the premier national program for children aged 5-10 years!

TERM 2 PROGRAMS

PROGRAM1

- Wednesday 4:15-5:00pm
- 🔁 😳 Age Group: 5-8 years (Mixed)

PROGRAM2

Friday 4:15-5:00pm 🔁 Age Group: 5-8 years (Girls Only)

PROGRAM3

• Fridays 5:00-5:45pm 🔁 😳 Age Group: 8-10 years (Mixed)

PROGRAM DETAILS

- 📅 Venue: Jubilee Park Stadium
- 📍 Address: 83R-85R Hillcrest Rd, Frankston 3199
- Term 2 Programs commencing this May
- Registration Fee: \$108.50
 New Player Participant Pack: \$42.99
- (Includes a ball, personalized singlet, and sticker pack)

? REGISTRATION & ENQUIRIES

- www.semmagic.club
- 📧 admin@semmagic.club

97830642





Piano Tuition



Piano and theory lessons available in Patterson Lakes by accredited fully qualified music teacher.

Students are tutored in private one-to-one lessons all age, beginners to adults and may choose to study music for leisure or for exam purposes. Through tailored lessons, all students are encouraged to maximise their musical potential to the fullest. All lessons include basic music theory. Specialized theory classes also offered. The core work covers the following: TECHNICAL DEVELOPMENT, SIGHT READING, THEORY and A.M.E.B. EXAM PREPARATIONS.

Special: 1st Lesson Half Price.

Carolyn Susan Rossis Dip of Ed and Grad Dip of Music Current children's check and fully vaccinated (M) 0409 131 961 carolynsrossis@gmail.com www.pianodynamics.com.au

Tuition Dynamics



Students of all ages are tutored in private one-to-one lessons. Children are taught in a positive and nurturing environment. The tuition sessions are designed according to the student's individual needs, which are regularly evaluated and form part of ongoing assessment. I personally tailor to the needs of each student, which is delivered in a positive learning environment

designed to foster self-esteem and motivate students to achieve their full potential. Students with special needs are also catered for. The core work covers the following:

> <u>READING</u>: To develop Comprehension, Accuracy, Fluency and Expanded Vocabulary. <u>WRITING</u>: Examines the different genres and includes writing organisations for each genre, essay writing, spelling, punctuation, grammar and editing skills.

<u>MATHEMATICS</u>: Covers Numeracy & Algebra, Measurement & Geometry and Statistics & Probability <u>EXAM PREPARATIONS</u>: These helps identify the student's progress and help develop skills for NAPLAN, scholarship and entrance exams.

Carolyn Susan Rossis

Dip of Ed and Grad Dip of Music Current children's check and fully vaccinated (M) 0409 131 961 carolynsrossis@gmail.com

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GAMES - JUBILEE PARK, FRANKSTON

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SHANE O'SUGHRUE 0401 119 911

Call me for all your property needs.





Lunc

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Eat Up Australia and our local community



If you know a student who would benefit or want more info please ask a staff member or visit www.eatup.org.au

