

Fine Dinning at Carrum Primary School was again a big hit with our Prep students. I wanted to thank our amazing helpers who made delicious scones and taught our students how to use their manners to share a high tea experience. The children looked very elegant in their clothes and displayed perfect table manners. Well done Prep team on another great celebration of our fun and engaging learning programs at Carrum Primary School!





Respectful Relationship curriculum to underpin our wellbeing teaching and learning programs at the school. Our teachers continue to educate



the students of how important it is to be mindful of what we say and the impact this can have on other people feeling safe. We continue to expect our students, staff and community members to show empathy, understanding and kindness towards one another at all times. From Prep all the way through to Grade 6 acts of kindness are rewarded and celebrated at Carrum Primary School and you can see how proud our students are when they are recognised in the classroom for being kind to their peers. Our

School Council 11 June



students are very good at being kind and through their actions they have created an amazing learning environment at our school. We thank all our families for their support in promoting our school values and Respectful Relationship Programs.

This week our teachers have been given some time to moderate student achievement in preparation for Semester 1 Repots that will be shared via compass on Monday 24th June. The reports will reflect where the



students are at in relation to the Victorian Curriculum in the curriculum areas taught during terms 1 and 2. Our teachers will be holding parent teacher interviews on **Wednesday 26th June** for parents who would like to discuss the report in greater detail. If you have any questions about your child's report, please see their classroom teacher.



Now more than ever our children need support with navigating the cyber world.

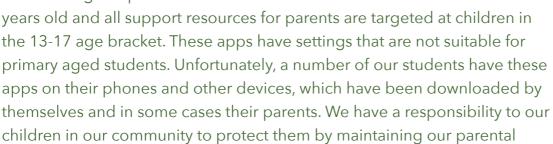
Since COVID our children have had access to more devices and are communicating more regularly through various apps and message platforms. As a father of teenagers and young adults, I as you are doing, have needed to support them to learn how to interact positively online and what to do when they are exposed to things that make them feel uncomfortable or unsafe. The complexity of some of the communication they have with friends and





unknown online persons can impact their daily lives and it is always a challenge to support them to understand that what happens online is not always a reality. With this in mind, as parents we have a significant responsibility to monitor their online interactions, to limit their use of apps to ones that are age appropriate and be available to discuss anything they need our help with. Unfortunately, many of the apps our children access have settings within them that leave our children vulnerable for many reasons. Apps like Snapchat have a minimum age requirement of 13







Semester 1 Reports 24 June



responsibility and ensure they do not access these apps and use them to communicate. With many incidents of students in the broader community being exposed to cyber bullying and inappropriate communication/ content, I ask that all our families revisit these expectations with their children to ensure that together we set the right example and expect they act in a cyber safe manner at all times. There are many resources available for families from the State and Federal



TERM 2

Government that provide parents with guidance on how to support your children with online safety. The link to the eSafety Commissioner website (<u>https://</u> <u>www.esafety.gov.au/</u>

parents/resources) is just one which provides short videos to support parents with some of the online challenges we all face as our children grow up. I thank you with your support to keep our students safe when interacting online. I



know that by working together and having consistent expectations about appropriate online behaviour and app use, we will better support our children to navigate their online communication in a successful manner.

Just another reminder for our volunteers about the importance of having a valid Working With Children Check. Volunteers that don't have a Working With Children Check will not be able to volunteer in the school. They are free and it is easy to apply for online. If you are yet to do so please visit https://www.vic.gov.au/working-with-children-check and start the application process as soon as possible. Before volunteering we also need to complete an OHS induction with all our volunteers. Please make sure you



make a time with our office staff to do this prior to when you are planning to volunteer at the school.

We will finish the week on Friday with an assembly in the Multipurpose Room at 3:10pm. Our students have been working on being a support audience of



Parent/Teacher Meetings 26 June



our fantastic 5/6 students who run the assembly. Last week they did an amazing job at getting through what was a long assembly due to our sensational dance performance. This performance will be shared in our next Carrumpods episode coming very soon. I know



it will be a great hit! If you are able to attend assembly, please come on down to help us celebrate another great week at Carrum Primary School.

Thanking all our families for their support and wishing you all great weekend!

Best regards, Clem Langford Principal

<u>Click For</u> <u>Calendar</u> <u>Dates</u>





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> <u>READING</u>: To develop Comprehension, Accuracy, Fluency and Expanded Vocabulary. <u>WRITING</u>: Examines the different genres and includes writing organisations for each genre, essay writing, spelling, punctuation, grammar and editing skills.

<u>MATHEMATICS</u>: Covers Numeracy & Algebra, Measurement & Geometry and Statistics & Probability <u>EXAM PREPARATIONS</u>: These helps identify the student's progress and help develop skills for NAPLAN, scholarship and entrance exams.

Carolyn Susan Rossis

Dip of Ed and Grad Dip of Music Current children's check and fully vaccinated (M) 0409 131 961 carolynsrossis@gmail.com

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_(i)

With a focus on preventing body dissatisfaction and serious eating issues, this session provides information and practical tips to help parents of teenagers better understand and promote positive body image in the home. It encourages all members of the family to be Body Kind; kind in the way they move, nourish, nurture and speak about their own body and others. Importantly, it explores how to respond when your teen expresses negativity towards themselves or others and what to do if you are concerned.

Whilst the session does aim to increase understanding of eating disorders the focus is on prevention and fostering positive body image and healthy behaviours.

KEY THEMES

- How positive body image helps teens to thrive and protects against the development of serious body and eating issues.
- Key influences on body image, including diet culture, weight stigma, social media and the importance of 'positive following'
- Strategies to reduce appearance talk and body comparisons and increase body appreciation
- How to respond to negative body talk and appearance bullying/teasing
- Supporting Body Kind eating, movement and self-care in teens
- The power of role modelling positive body image and being kind to our own and all bodies
- The importance of early intervention and what to do if you are concerned
- Referral and support information including Butterfly's helpline.





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TERM 2 PROGRAMS

PROGRAM1

- Wednesday 4:15-5:00pm
- 🔁 😳 Age Group: 5-8 years (Mixed)

PROGRAM2

Friday 4:15-5:00pm 🔁 Age Group: 5-8 years (Girls Only)

PROGRAM3

• Fridays 5:00-5:45pm 🔁 😳 Age Group: 8-10 years (Mixed)

PROGRAM DETAILS

- 📅 Venue: Jubilee Park Stadium
- 📍 Address: 83R-85R Hillcrest Rd, Frankston 3199
- Term 2 Programs commencing this May
- Registration Fee: \$108.50
 New Player Participant Pack: \$42.99
- (Includes a ball, personalized singlet, and sticker pack)

? REGISTRATION & ENQUIRIES

- www.semmagic.club
- 📧 admin@semmagic.club

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