

This week on Tuesday our Year 5's walked up to Patterson River Secondary College for half a day to experience what high school is like. Each group did two subjects out of science, drama, sport and art, they also got a bag to take home with them.



Meanwhile, the Year 6's have been very excited and busy practicing and

organising for their Graduation which will be held on the 18th of December. Some of the year 6's have been writing speeches that will be shared at graduation while others have been making decorations to go with the summer theme.

Sushi Day 24 November

We also have our Market Day coming up and the 5/6 's have been very busy



making their stalls for our younger students to come and win a prize from. In performing arts, every class has been super busy learning their own unique dance for our Christmas Concert that will be held on December 13.

Cheers, Lily School Captain



### **WAR**

One day in a town a maiden frowned,
She begged her lover not to go to the war,
it was the governments issue that he had to go,
So she could only let him walk out the door,

Rose feared her lover would never return,
All day and night she could only cry,
Rose cried herself to sleep all night long,
Hoping the dreams of her family wouldn't die.

Now out at sea with the marine, All the men didn't catch a blink of sleep, Practising drills over and over, Hopefully they wouldn't sink in the deep.

The wind howled in the night,
The rain pitter pattered out in the blue,
Many men sick with the scurvy,
And the distance between their homes grew.

The war was conquered all the men went home,
Rose heard the news and ran like a dart,
To the square where the fleet of ships would return,
But Rose's husband did not return to her aching heart.

By Sia

Communication Captain

### **FREEDOM**

In a world so vast and wide
There lies a feeling, pure and true
Where dreams can soar and hopes collide
The feeling of everything being new

Freedom is the sun that shines so bright It's the wind that gently blows





Christmas
Concert
13 December





Expressing thoughts, one of a kind Whispering secrets nobody knows

Freedom is the colours you see It's the laughter that fills the air It's the chance to speak your mind The joy of knowing you're free to care

Freedom is a cage with an open door It's the chance to be who you are Illuminating paths with its golden glare A shining light, a rising star

loved it. The whole school was covered in colour!

Hi Carrum, this newsletter we will take you through the major stuff that's been happening in 3/4 during November and stuff happening in week 9 and more. We just had the FUN RUN and there were lots of people who

By Lottie (5/6D)





Curriculum Day
14 December



There was an Up Day on Tuesday where the students went to see what it would be like in their next grade, the preps went to 12, and the 1/2 went to 3/4 and 3/4 went to 5/6.

Mr. Mulcahy hosted the Carrum Robocup for the 3/4s. They built their 'Horse Robots', spending 5 weeks building and then racing them. We had mixed luck with the final race but we had fun making the robot.

Mrs. Chiovitti has been running 2023's Christmas Concert with 16 different songs and moves and the concert is on the 13th December.



The students had a Masterchef cook off in the Kitchen were 4 groups created a pizza of their choice with the ingredients provided. After the pizza was cooked in the oven, the teachers gave them a score of ten with no cheesy crust.

P.S. it is Blake's last day on the 30th of November.

Cheers, Luke & Blake (3/4C)



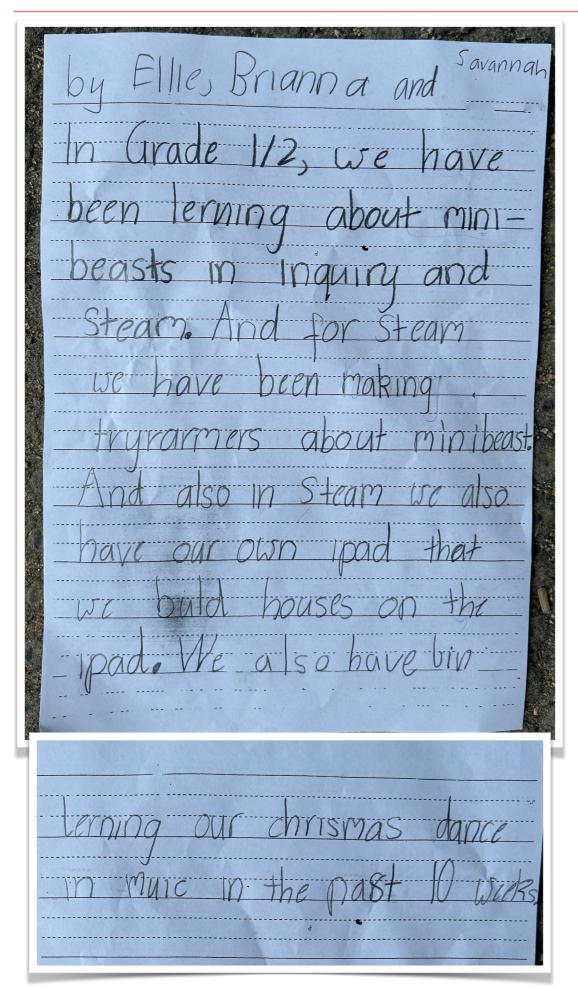






Grade 6
Graduation
18 December







Click For Calendar Dates





Do you know someone who is autistic? Would you like to understand autism better? Do you wonder if someone in your family is autistic?

Here's some great information from the amazing team at Onwards & Upwards Psychology:

# WHAT IS AUTISM?

Autism is a neurodevelopmental disability that is characterised by a different way of processing the world, traits are which are shared below. Each autistic person has a unique combination of traits. Early identification is helpful in supporting their successful pathway forward and helping each person live their best life.

### SOCIAL COMMUNICATION



### Different verbal development

- May communicate through echolalia
- · Louder or softer tone of voice than expected
- · May not meet typical speech milestones
- · Loves to speak about special interests
- · May be literal in language use



# Different non-verbal communication

- May find it hard to interpret body language and tone
- May use social gestures in isolation
- Facial expressions on outside may not be reflective of internal emotions
- Preference for looking away when communicating



# Different social relationships

- May be happy in their own world or with one other friend
- May find comfort in parallel play beyond typical norms
- May find difficulty joining in large groups
- · May find relationships with autistic people easier

### **INTERESTS AND PROCESSING**



## Strong interests

- · May have very strong interests
- May find high distress when transitioning away from items of interest



# Prefers structure and routine

- Does best when knowing what is happening and all the details
- May prefer to do things in the same way
- May find sudden changes and transitions distressing



# Repetitive behaviour

- May enjoy lining things up
- May enjoy scripting from TV shows or music
- May use repetitive movements to express feelings (e.g. flap hands, spin, rock)



# Sensory processing differences

 May have atypical responses to sensory stimuli like finding certain fabrics intolerable, sudden loud noises distressing or seek out certain sensations to regulate

### WHAT TO DO IF YOU THINK YOUR CHILD IS AUTISTIC



Gather information

Keep observing your child to see how they fit into the above categories. Write them down to take into your assessment.



Seek out autistic voices

Look up the hashtag #ActuallyAutistic on social media, or go to our website for a list of resources for further reading.



Contact your

Your local GP will be able to support you with the information gathered to organise a referral for assessment.

> Onwards & Upwards Psychology

www.onwardsandupwardspsychology.com.au



# Special Lunch - Sushi

24 November

# **School Council**

28 November

# **Christmas Concert**

13 December

# **Curriculum Day (student free day)**

14 December

# **Grade 6 Graduation**

18 December

Last Day of Term 4 (1.30pm finish)

20 December



Our next Carrum Beach Patrol action to remove litter from our beautiful Carrum beach & foreshore is happening on Saturday 25 November from 9-10am.

We're meeting near the Carrum SLSC.

Please bring gloves.

# Six Decades of History



Chelsea and District Historical Society

Join us for our 60th anniversary exhibition

1963-2023

Chelsea Court House
Fri 24 to Sun 26 November 2023
10am to 3pm daily

**Entry is free** 

All welcome!





# From Diagnosis to OAM

plus a Sibling's Perspective: A Personal Autism Journey

# Seaford

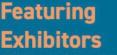
Wednesday 29 November 2023, 6:30pm-9:30pm

(3 hour seminar including question time, doors open 6pm)

Daniel and 'Daniel's Dad' (Daryl) will discuss Daniel's journey from diagnosis to present day giving an insight from Daniel's personal perspective of living life as an Autistic individual.

'Daniel's Sister' (Leash) will also be sharing the sibling perspective and is a qualified educator (may be prerecorded).

Topics include diagnosis, school journey, independent living, employment and strategies used to achieve the best outcomes.











# Presented by

**Daniel Giles OAM** Order of Australia Medal Recipient & Autistic Self-Advocate

**Daryl Giles** Daniel's Dad

Leash Purcell Daniel's Sister and Educator





### Venue

Seaford Hotel

362 Frankston-Dandenong Rd, Seaford VIC

Tickets (\*Includes \$0.50 booking fee for online bookings)

Autistic people, family & carers

**Professionals** 

Teachers/Caseworkers/Therapists - incl. CPD cert.

trybooking.com/CMQJE (or scan QR code)

### **Contact**

e: admin@speakinginsights.com.au

w: speakinginsights.com.au



\$30.50\*

\$75.50\*



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EDUCATORS - Educators can claim 3 hours of Professional Development, Australian Professional Standard for Teachers at the level of Proficient Teacher 6.4.2



# THE THRIVING KIDS & PARENTS SCHOOLS PROJECT

# Online Parenting Seminar Series

Parents of children aged 4 - 12 years

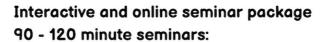
Are you interested in learning **practical strategies** to help your child:

Manage everyday worries
Build healthy peer relationships
Thrive now and into adolescence

You are invited to attend FREE evidence-based seminars

Register via the project website

CLICK HERE or scan the QR Code



### Power of Positive Parenting (Triple P Seminar)

Practical strategies to support children's social and emotional development.

Helping Your Child to Manage Anxiety (Fear-Less Triple P Seminar) Skills and strategie to support children manage their emotions and overcome challenges.

### Keeping Your Child Safe from Bullying (Resilience Triple P Seminar)

How to maintain good communication with the children in your care, develop positive relationships, and address conflict and bullying.



QLD: thrivingkidsandparents@uq.edu.au
VIC: thrivingkidsandparents@monash.edu
SA: thrivingkidsandparents@adelaide.edu.au











MORNINGTON PENINSUL

# SUMMER CAMP



# 15 - 19 January, 2024

Your kids will love Camp at The Ranch. Five days (four nights) full of fun and adventure including;

- Adventure activities
- Horse riding
- Night hike
- SUP and canoeing
- Bush cooking
- And much more!



\$ \$960pp (\$910 per sibling)



Ages 8 - 14



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# CHRISTMAS HOLIDAYS TRADING HOURS

# **HEAD OFFICE**

**CLOSING:** 20 DECEMBER 2023 **REOPENING:** 3 JANUARY 2024

# RETAIL

CLOSING: 21 DECEMBER 2023 REOPENING: 3 JANUARY 2024

# TO AVOID THE JANUARY BACK TO SCHOOL QUEUES SHOP NOW







it's your first time with a bat or you're a backyard Cricket star!

Carrum Cricket Club registrations are open. Season to start Friday 10th November 5:30-6:30pm Please scan the QR code for more information. **Enquiries to Bec - Junior Coordinator 0439 374 373** 



JOIN YOUR NEAREST CLUB

**Q Play Cricket** 

**PROUDLY** PRESENTED BY







One of the best things we have done for our children.

- Stage School Parent

# Join Us in the **Spotlight in 2024**

Performing arts classes for young people aged 4-18

24 Locations across Melbourne

# **Enquire Today**





Sing, Dance and Act Ages 4 - 7



**Musical Theatre** classes Ages 8 - 18



**Drama & Acting** classes Ages 8 - 18



**Boys Dance** classes

Ages 6 - 18

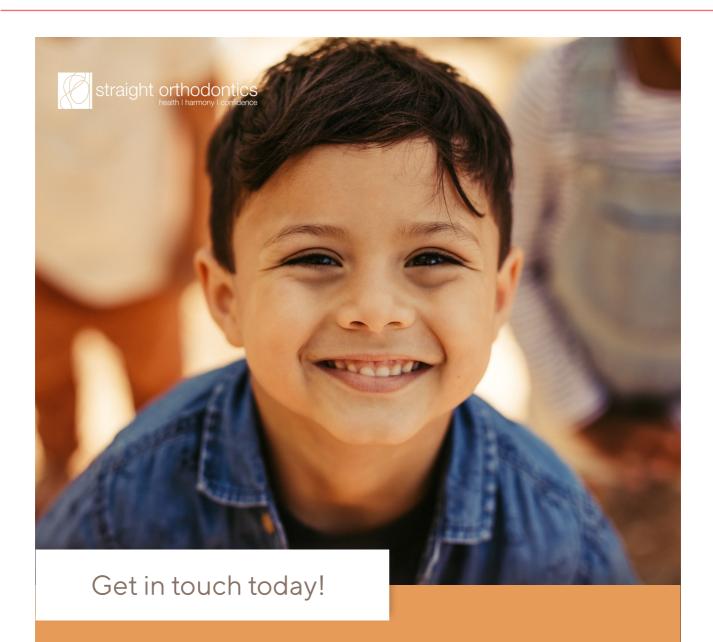


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