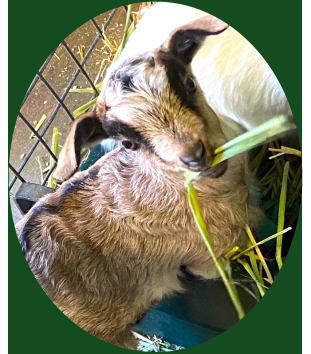


TERM 3

7 SEPTEMBER 2023

# Carrum Newsletter

**As next week is the last week of term I wanted to reflect on the amazing work of our students and staff who continue to create a fantastic learning community at Carrum Primary School.** We know that at Carrum Primary School our teachers provide students with high quality literacy and numeracy programs to ensure they can use these skills to learn new concepts and solve real life problems. This learning is reflected in our outstanding NAPLAN results which demonstrated that in almost every measure our students



**Division  
Athletics  
8 September**



performed at or above Similar Schools, Network School and all school in the State in these assessments. Our Grade 5 students' results were amazing and in all areas of the curriculum our results demonstrated they performed extremely well against these measures. As we all know, NAPLAN is just one measure, and it has been pleasing to see the enthusiasm our students have towards learning in the classroom and how they have used their literacy and numeracy skills to create presentations and solve real world problems. Our teachers and students continue to use our Design Thinking Framework to develop critical thinking and problem-solving skills. This is a



**Celebrating 122 Years 1901-2023**



unique part of what we do at Carrum Primary School and incorporates all the thinking skills and reflective practices we would like our students to use when confronted with real life problem in the future. This framework is now embedded in our STEAM classes and our Inquiry Units, and we clearly see that this has supported them with engagement and development of their project work. I really could see the power of this work when our Grade 3/4 students enthusiastically wanted to share their presentations about a chosen animal with me during the week. They had learnt a lot of information and wanted to share their learning with their peers in an interesting way. Well done to all the students you have really done a great job.



**I wanted to thank Alek (Alx Painting) and Shane (Ray White Real Estate) for their donation towards our Father's Day BBQ last week.** We had such a great turn out and it was a fitting celebration of all our amazing fathers. I hope our fathers enjoyed the morning festivities and a great Father's Day. I also wanted to thank all our amazing volunteers who got up early to cook

the eggs and bacon on the BBQ and in the kitchen. We really appreciate the support of our families.



**Tomorrow our Athletics Team will be competing in the District Athletics at the Ballam Park Athletics Track.**

Mr Vansittart and the team have been training over recent weeks in preparation for the event and we know the students will all try their best when competing tomorrow.



**Prep Tool  
Expo  
11 September**



The events start at 9:30am and all events should be run and won by 2pm. Parents are welcome to come along and cheer on the students. Good luck to all the students competing!



**Each year the school conducts an opinion survey with the school community.** All families are invited to participate in the survey. The survey closes on Friday 8th September (tomorrow). If your family is yet to complete the survey, please take the opportunity to do so. The results from the survey will be used to inform and direct our future school planning and improvement. Information relating to the **2023 Parent/Caregiver/Guardian Opinion Survey** has been sent out on Compass over the past few weeks and provides the details required for parents/guardians to log into the survey. Please contact the office if you need help with this.

**Looking ahead, next week is the last week of term and it will be a busy week.** On Tuesday our Marine Ambassadors will be participating in a workshop at Chelsea Yacht Club. They will be learning about the indigenous history of the area as well as the Citizen Science monitoring



**Last Day of  
Term 3  
15 September  
(2.30pm finish)**





project. We look forward to them sharing their learning with the rest of the school during Term 4. On Thursday 14th September, everyone will need to get out their Red and Blue for Footy Day. Students are invited to dress in the colours of their favourite football team. A Footy Day Parade will be held on the basketball court (weather permitting) at 9:10am. Parents are welcome to attend and join in the festivities. The fun will continue after the parade as the students will participate in a variety of Footy activities. As a special treat on the day, our fantastic Community Fundraising and Engagement Subcommittee have organised a Footy Day lunch. Please get your orders in by Monday 11th September at 2pm to avoid disappointment. Finally, Term 3 ends on Friday 15th September at 2:30pm. We will be holding an assembly at 2:10pm in the multipurpose room. Students will be dismissed from their classrooms at 2:30pm.



[Click For  
Calendar  
Dates](#)



I want to thank all our families for their ongoing support and hope you all have a good weekend.

*Best regards,  
Clem Langford  
Principal*







# SPEECH BITES

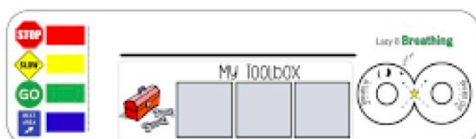
## How Else Can I Use the Zones at Home?

### Priming

Prepare your child for an activity by telling them which Zone will be easiest to complete that activity.

Here are some examples:

- "We need to get ready for school this morning. It's easier to get ready for school in the Green Zone. Are you in the Green Zone?"
- "Let's go to basketball training. I think you'll be in the Yellow Zone soon. Are you ready for some extra energy?"
- "It's time for bed. We need to get into the Blue Zone. What can we do to get into the Blue Zone?"



### Make a Zones Toolbox

Make a personalised toolbox that is full of strategies that your child can use to help them cope with feelings from each Zone. Sometimes 1 tool might be helpful for managing multiple Zones. Other tools might only be helpful for one Zone.

Here are a few popular tools you can try:

- Body check: eat, drink, toilet
- Exercise (walking, running, monkey bars, yoga, boxing, animal walks, backyard sport, throwing a ball, bike/scooter)
- Hug, cuddling a pet, 'blanket burrito'
- Listening to music, dancing, noise cancelling headphones
- Sensory (reduce lighting, calming oils/diffusers, change temperature – ice packs/warm clothing/shower/bath)
- Fidget tools
- Breathing strategies (infinity breathing, rainbow breathing, box breathing)
- Do your favourite things (watching favourite shows, playing favourite games, reading, cooking, gardening, drawing, colouring, etc)
- Spend time with nature (do something outside, lie in the grass, exercise outside, gardening, draw the clouds)
- Spend time with people you love





# CALENDAR

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**District Athletics**  
8 August

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**Prep Tool Expo**  
11 September

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**Footy Day**  
14 September

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**Last Day of Term 3**  
15 September (2.30pm finish)

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**First Day of Term 4**  
2 October

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**Carrum PS Trivia Night**  
27 October

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**Celebrating 122 Years 1901-2023**





**CPS Trivia Night - tickets now on sale!!**

**Bring your A-game for an unforgettable night at the Carrum Primary School Trivia Night!**

**When: 7.30pm - 11pm on Friday 27th October 2023**

**Where: Roy Dore Reserve Pavilion, Carrum**

**Cost: \$25 per ticket - includes a drink on arrival.**

**Purchase tickets via CompassTix [compasstix.com/e/o0m7re3c57](https://compasstix.com/e/o0m7re3c57)**

**Tickets on sale until 6th October 2023**

**Dress Code: Spring Fling**

**Trivia by Gareth De Korte**

**Auctioneer - Shane O'Sughrue**

**Dance floor tunes by DJ KC**

**We have some unbelievable packages for the silent auction and some amazing prizes to be won!**

**Raffle tickets available on the night for purchase.**

**BYO Grazing plate**

**Drinks are available at bar prices.**

**Freddie's pizzas available to pre order - \$24 each (Margherita, Hawaiian, Supreme, Capricciosa or Meat Lovers). Must be paid before the order is made for delivery to your table.**

**Please contact the School Office with any queries or ticket sale issues - Ph 97721117**





**RayWhite.**


**CARRUM'S PROPERTY EXPERT.**

**SHANE O'SUGHRUE**

**0401 119 911**

**Call me for all your property needs.**

**Celebrating 122 Years 1901-2023**



## Become a Berry Street foster carer


In our community, some children are not always able to live with their family.

Become a foster carer and support a local child at a crucial moment in their life.

Enquire today

[berrystreet.org.au/fostercare](https://berrystreet.org.au/fostercare)

Ph. 1800 816 037







## THE THRIVING KIDS & PARENTS SCHOOLS PROJECT

**Your child's school is participating & you have the opportunity to attend:**

Three  
**FREE**

live, online  
parenting seminars



**Keeping Your Child  
Safe from Bullying**

Helps to maintain good  
communication with kids,  
develop positive  
relationships, & address  
conflict and bullying



**The Power of  
Positive Parenting**

Helps to understand kids  
behaviour & strategies to  
support their social &  
emotional development



**Helping  
Your Child  
to Manage  
Anxiety**

Learn skills & strategies to  
support children manage  
their emotions and overcome  
challenges



**More information:  
TKPSP Website**



Please note that you will only be able  
to register when your school informs you  
that registrations are open





# PLAY CRICKET

**More runs. More wickets. More fun!**

Get involved in all the Junior Cricket action at your local club this Summer.

**Carrum Cricket Club registrations are now open.  
Please scan the QRcode for more information.  
New members welcome!  
Enquiries to Bec - Junior Coordinator 0439 374 373**



**JOIN YOUR NEAREST CLUB**

**Q Play Cricket**

**PROUDLY  
PRESENTED BY**



**Celebrating 122 Years 1901-2023**





## Girls just want to **PLAY CRICKET**

**Make new friends and get active playing all girls Junior Cricket**  
It's a fun competition for girls aged 11-17 - come and join us!

**Expression of Interest for girls to play at Carrum CC**  
**Girls competition played on a Tuesday evening,**  
**Modified rules, 8 players in a team**  
**Enquiries to Bec - Junior Coordinator 0439 374 373**



**JOIN YOUR NEAREST CLUB**

**Q Play Cricket**

**PROUDLY  
PRESENTED BY**



**Celebrating 122 Years 1901-2023**





# HAVE A BLAST



## Get into Woolworths Cricket Blast

It's a fun and active program for kids of all abilities, whether it's your first time with a bat or you're a backyard Cricket star!

**Carrum Cricket Club registrations are open.  
Please scan the QR code for more information.  
New members welcome.  
Enquiries to Bec - Junior Coordinator 0439 374 373**



## JOIN YOUR NEAREST CLUB

 **Play Cricket**

PROUDLY  
PRESENTED BY



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# School holiday camps on sale now!



**NEW**

## Minecraft Engineers

**PLUS** YouTube Creators • Coding • DJ • Roblox  
Animation • Design • Minions • Jurassic World

Book now at [codecamp.com.au/flyer](https://codecamp.com.au/flyer)

**SAVE \$25**

Use coupon code  
**EARLY25** at checkout

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# Being **SunSmart** in Victoria



When **UV** is **3+**



**Slip** on covering clothing



**Slop** on SPF50,  
broad-spectrum,  
water-resistant sunscreen



**Slap** on a broad-brimmed hat



**Seek** shade



**Slide** on sunglasses (AS:1067)



Download the  
**SunSmart Global  
UV app** to find sun  
protection times  
for your location.

Think **UV**, not  
**heat!** UV rays can't  
be seen or felt and  
can damage your  
skin on cool or  
cloudy days.

When **UV**  
is below **3**

Sun protection  
isn't required  
unless you are  
outdoors for  
extended periods  
or near reflective  
surfaces, such  
as snow.

March 2023



Scan the QR code or visit  
**[sunsmart.com.au/app](https://sunsmart.com.au/app)**  
to download.







**MathsOnline**  
YOUR ONLINE MATHS TUTOR

To speak to  
someone about  
MathsOnline,  
call us at  
1300 882 045

**MathsOnline** is the perfect online maths program for families. It consists of over 1,400 video tutorials and 50,000 interactive questions developed by experienced maths teacher, Pat Murray. MathsOnline helps guide your children lesson by lesson allowing them to pause, rewind and repeat all or part of any video tutorial until they fully understand it.

Covering Kindergarten through to Year 12, MathsOnline is a comprehensive, current curriculum based tool ideal for all families.



**MathsOnline features:**

- ✓ Clear step-by-step video tutorials
- ✓ Interactive questions and worksheets to test understanding
- ✓ Printable one-page summaries with complete notes
- ✓ Worked solutions showing each step to the answer
- ✓ Automatic marking and progress reports to highlight areas needing support

**Over 290,000 children are already using MathsOnline.**

Start your MathsOnline FREE trial today at  
[www.mathsonline.com.au/free-trial](http://www.mathsonline.com.au/free-trial)



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health | harmony | confidence

Get in touch today!

 03 9585 8000

 [straightorthodontics.com.au](https://straightorthodontics.com.au)

 [info@straightorthodontics.com.au](mailto:info@straightorthodontics.com.au)

 **MENTONE**

39 BALCOMBE ROAD MENTONE VIC 3149

**FRANKSTON**

30 CRANBOURNE ROAD FRANKSTON VIC 3199

**Providing Complimentary Initial Consultations**

**Celebrating 122 Years 1901-2023**





# FRANKSTON BOBCATS BASKETBALL CLUB



 **Ignite Your Passion with**   
**Frankston Bobcats Basketball Club!**

**Calling all aspiring ballers and basketball enthusiasts!**  
**Are you ready to take your skills to the next level?**  
**Join the Frankston Bobcats Basketball Club, an independent**  
**VOLUNTEER-BASED dynamic club that's all about**  
**empowering players and fostering a true love for the game.**

**Unleash Your Potential:** Whether you're a beginner taking your first shot or an enthusiast looking to refine your skills.

**Independence & Unity:** As an independent club, we value every player's contribution. Our tight-knit community bonds over a shared enthusiasm for basketball, creating friendships that extend beyond the court.

**Skills Beyond the Court:** From teamwork to discipline, you'll become a well-rounded individual.

**Open to All:** No matter your skill level, you'll find a home at Frankston Bobcats Basketball Club. You can either join a pre-existing team that matches your abilities or gather your friends to create your very own dream team.

**Unite with Us:** Become part of a dedicated community of players, parents, and volunteers who share their love for the game. At Frankston Bobcats, we stand together.  
Ready to Get in the Game?

**CLAIM YOUR SPOT: EXPRESS YOUR INTEREST IN THE ACTION**  
**BY REACHING OUT TO US AT [FRANKSTONBOBCATS@GMAIL.COM](mailto:FRANKSTONBOBCATS@GMAIL.COM)**

**QUESTIONS? WE'RE HERE: NEED MORE INFO? REACH OUT TO US**  
**AT [FRANKSTONBOBCATS@GMAIL.COM](mailto:FRANKSTONBOBCATS@GMAIL.COM) - WE'RE EXCITED TO CHAT!**

**JOIN THE PRIDE, PASSION, AND POWER OF**  
**BASKETBALL.**  
**LET'S ROCK THE COURT TOGETHER!**