

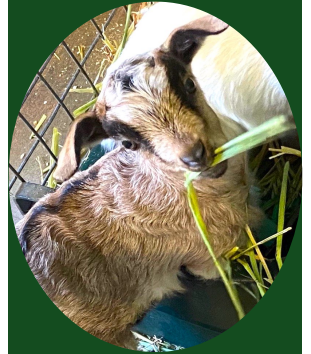
TERM 3

3 AUGUST 2023

# Newsletter

Hi everyone, this Thursday was a great day since everyone came to school in their jeans and denim clothes with a gold coin donation to raise money for children's medical research charity 'Jeans for Genes'.

We have also had the Preps and 1/2s off at waves for their swimming program during the last two weeks and I'm sure they are going to be exhausted once it is finished.



**Prep 100 Days  
4 August**



In 5/6 we have been learning all about space mainly focusing on the planets and how they work. We have also been focusing on fractions and decimals in our math groups over the last couple of weeks.

*Thanks, Lily  
School Captain*



**Celebrating 122 Years 1901-2023**



**This week, the 3/4s have become Mums and Dads!**

They've had eggs inside an incubator for 3 weeks, and chicks have finally hatched! Look how cute they are! The chicks have been moved to a hutch. It's their new home. They are also warm in their new home. There are eight chicks in the hutch. Sadly, 4 eggs didn't end up hatching, but we still have 8!



In Reading, the 3/4s have been researching animals and writing an information report about that animal. They've been typing a slideshow. For eg: Harp Seal.

For Maths, they've been learning about multiplication. It's fun.

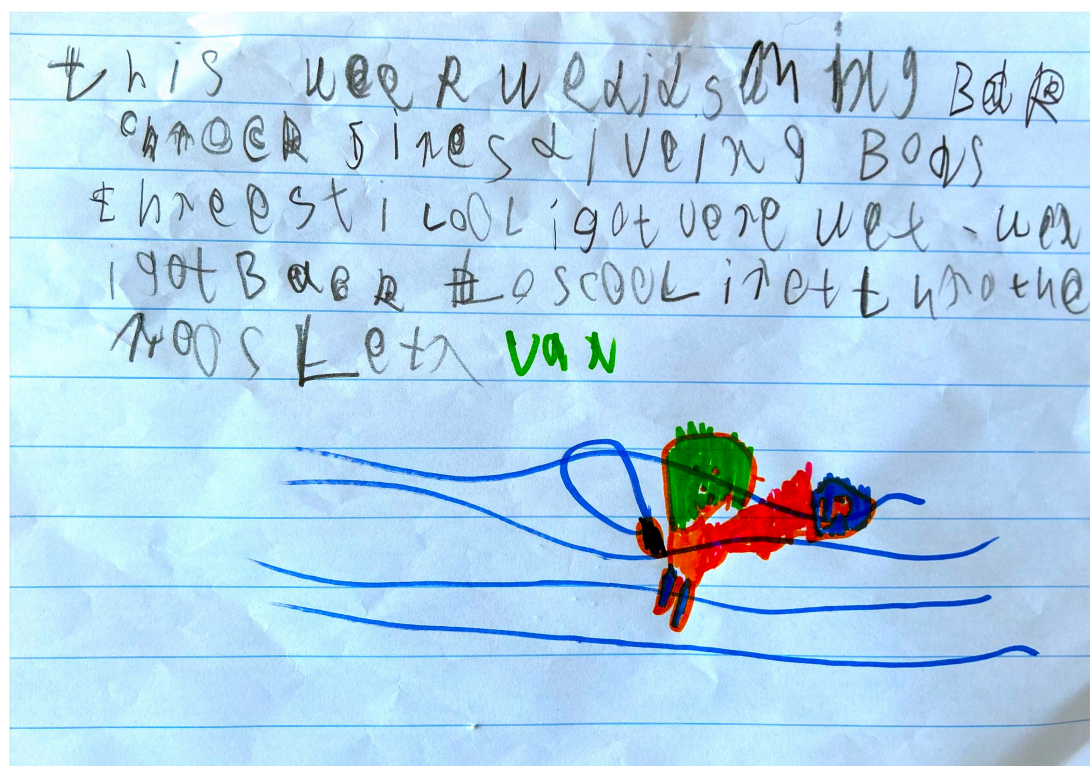
*Cheers, Ben and Charlie  
(3/4D)*



**Prep-2 Cross  
Country  
10 August**



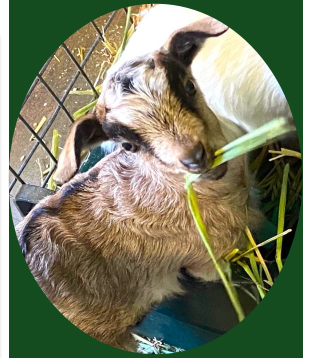




1/2 Visit to  
REPLAS  
14 August







**3/4 Moonlit  
Sanctuary  
21 August**







**STEAM Design  
& Maker  
Conference  
25 August**





**Safe and respectful school communities create a better environment for children to thrive.** It's important for everyone to be respectful and kind to each other. Learn more about the Department of Education's policy - Respectful Behaviours within the School Community. Link: [\*\*Respectful Behaviours within the School Community Policy\*\*](#)

## **2023 Parent / Caregiver / Guardian Opinion Survey**

### **WE WANT OUR PARENTS / CAREGIVERS / GUARDIANS TO TELL US WHAT THEY THINK!**

Our school is conducting a survey to find out what parents / caregivers / guardians think of our school. The Parent / Caregiver / Guardian Opinion Survey is an annual survey offered by the Department of Education that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behaviour, and student engagement. The survey is optional but we encourage all families to participate. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

All families are invited to participate in the survey.

**The Parent / Caregiver / Guardian Opinion Survey will be open from Monday 7 August to Friday 8 September 2023.**

The survey will be conducted online, only takes 20 minutes to complete, and can be accessed at any convenient time within the survey period on desktop computers, laptops, tablets or smartphones. The online survey will be available in English and 10 other languages including Arabic, Greek, Hakha Chin, Hindi, Japanese, Punjabi, Simplified Chinese, Somali, Turkish, and Vietnamese.

The survey results will be communicated to parents / caregivers / guardians through annual reporting at the beginning of next year. Last year we used the survey results to plan reflect on the school practices and processes.

Please speak to your child's teacher if you would like more information.



[\*\*Click For  
Calendar  
Dates\*\*](#)





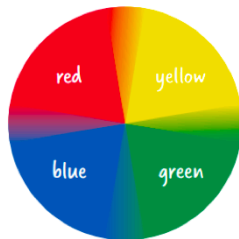


# SPEECH BITES

Welcome to Speech Bites! My name is Meg – I am the Speech Pathologist at Carrum Primary School and I'll be putting some information in the newsletter that will hopefully be helpful for you and our school community.

At Carrum Primary School, we have introduced the **Zones of Regulation**. You might have heard your kids talking about different coloured 'zones' and wondered what it's all about! Over the next few weeks, I'll be sharing some information about the Zones of Regulation so you know what your kids are talking about and so you can use it at home too.

What **ZONE**  
are you in?



The Zones of Regulation is a framework organised around **4 coloured Zones** (blue, green, yellow, red) that **describe our feelings, energy and emotions**. We learn to regulate our Zones to achieve tasks, manage our day and most importantly, to support our overall wellbeing. The Zones of Regulation also contains a curriculum that we work through at school that helps us to understand and talk about our feelings, as well as find and use tools that help us to regulate each Zone. **Learning to self-regulate is really important** because it helps us to manage our feelings and look after our brains and bodies.




We are going to learn more about each Zone in the coming weeks. It's important to remember, there are **NO bad Zones!** Adults and kids of all ages experience a wide range of emotions, energy and alertness throughout any given day. **Our aim is to notice our feelings and regulate them** to take care of ourselves and meet our goals that day.

Check out the next page for a poster with all the Zones. Most classrooms have this poster or something similar in their classes. You can print this out and use it at home if you like. If you don't have a printer, just ask your teacher for a copy.

Check in next week to find out all about the blue and green Zone!



# The **ZONES** of Regulation

|   |   |  |   |
|---|---|--|---|
|  |  |  |  |
| <p><b>Blue Zone</b></p> <p>Sad<br/>Bored<br/>Tired<br/>Sick</p>                   | <p><b>Green Zone</b></p> <p>Happy<br/>Focused<br/>Calm<br/>Proud</p>              | <p><b>Yellow Zone</b></p> <p>Worried<br/>Frustrated<br/>Silly<br/>Excited</p>      | <p><b>Red Zone</b></p> <p>overjoyed/Elated<br/>Panicked<br/>Angry<br/>Terrified</p> |



# CALENDAR

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**Prep 100 Days Celebration**  
4 August

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**Junior School Cross Country**  
10 August

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**1/2 Visit to REPLAS**  
14 August

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**3/4 Moonlit Sanctuary**  
21 August

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**STEAM Design & Maker Conference**  
25 August

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**Father's Day Breakfast BBQ**  
1 September

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**Celebrating 122 Years 1901-2023**





# HAVE A BLAST



## Get into Woolworths Cricket Blast

It's a fun and active program for kids of all abilities, whether it's your first time with a bat or you're a backyard Cricket star!

**Registration Morning Saturday 26th August 9-11am**  
**Come down and have a go at some fun activities**  
**New members welcome. See you at the nets!**  
**Enquiries to Bec - Junior Coordinator 0439 374 373**



**JOIN YOUR NEAREST CLUB**

**Q Play Cricket**

**PROUDLY  
PRESENTED BY**



**Celebrating 122 Years 1901-2023**





# PLAY CRICKET

**More runs. More wickets. More fun!**

Get involved in all the Junior Cricket action at your local club this Summer.

**Registration Morning with some fun activities  
Saturday 26th August 9am - 11am  
New members welcome. See you at the nets!  
Enquiries to Bec - Junior Coordinator 0439 374 373**



**JOIN YOUR NEAREST CLUB**

**Q Play Cricket**

**PROUDLY  
PRESENTED BY**



**Celebrating 122 Years 1901-2023**





Girls just want to  
**PLAY  
CRICKET**

**Make new friends and get active playing all girls Junior Cricket**  
It's a fun competition for girls aged 11-17 - come and join us!

**Expression of Interest for girls to play at Carrum CC**  
**Girls competition played on a Tuesday evening,**  
**Modified rules, 8 players in a team**  
**Enquiries to Bec - Junior Coordinator 0439 374 373**



**JOIN YOUR NEAREST CLUB**

**Q Play Cricket**

**PROUDLY  
PRESENTED BY**



**Celebrating 122 Years 1901-2023**





**RayWhite.**

**CARRUM'S PROPERTY EXPERT.**

**SHANE O'SUGHRUE**

**0401 119 911**

**Call me for all your property needs.**

**Celebrating 122 Years 1901-2023**



**MathsOnline**  
YOUR ONLINE MATHS TUTOR

To speak to  
someone about  
MathsOnline,  
call us at  
1300 882 045

**MathsOnline** is the perfect online maths program for families. It consists of over 1,400 video tutorials and 50,000 interactive questions developed by experienced maths teacher, Pat Murray. MathsOnline helps guide your children lesson by lesson allowing them to pause, rewind and repeat all or part of any video tutorial until they fully understand it.

Covering Kindergarten through to Year 12, MathsOnline is a comprehensive, current curriculum based tool ideal for all families.



**MathsOnline features:**

- ✓ Clear step-by-step video tutorials
- ✓ Interactive questions and worksheets to test understanding
- ✓ Printable one-page summaries with complete notes
- ✓ Worked solutions showing each step to the answer
- ✓ Automatic marking and progress reports to highlight areas needing support

**Over 290,000 children are already using MathsOnline.**

Start your MathsOnline FREE trial today at  
[www.mathsonline.com.au/free-trial](http://www.mathsonline.com.au/free-trial)





Frankston

## Why MyTime?

MyTime is for parents and carers of a child with a disability, chronic medical condition or other additional needs including developmental delay.

### FIND US AT:

BAM Arts Inc  
1 Rosella Street, Frankston  
Mondays 10:00am – 12:00pm

### CONTACT:

Facilitator: Sue Batcheler  
Phone: 0413 655 659  
Email: [suzanneb@mytimevic.com.au](mailto:suzanneb@mytimevic.com.au)

Unwind and  
share experiences  
with others who  
understand



**MyTime**

Supporting parents of  
children with disabilities

[mytime.net.au](http://mytime.net.au)



3 WEEK PROGRAM: AUG 20 - SEPT 03, 2023

# PRE-SEASON CLINICS

AT ELIZABETH MURDOCH COLLEGE LANGWARRIN

**Want to see what we are all about?**

**Have you already registered and want to start training?**

\$25 for new members | \$12.50 for SEM Magic members




## Clinic Groups / Times:

Under 8 | 2017/16 | 2:30-3:30pm  
Under 10 | 2015/14 | 3:30-4:30pm  
Under 12 | 2013/12 | 4:30-5:30pm


# JOIN NOW


### Venue:

 Elisabeth Murdoch College

 Address: 80 Warrandyte Rd, Langwarrin

### Enquiries:

 [admin@semmagic.club](mailto:admin@semmagic.club)

 9783 0642



Learn more and sign up here:

[www.semmagic.club/pages/preseason-training-clinics](http://www.semmagic.club/pages/preseason-training-clinics)

**Celebrating 122 Years 1901-2023**





straight orthodontics  
health | harmony | confidence

Get in touch today!

 03 9585 8000

 [straightorthodontics.com.au](https://straightorthodontics.com.au)

 [info@straightorthodontics.com.au](mailto:info@straightorthodontics.com.au)

 **MENTONE**

39 BALCOMBE ROAD MENTONE VIC 3149

**FRANKSTON**

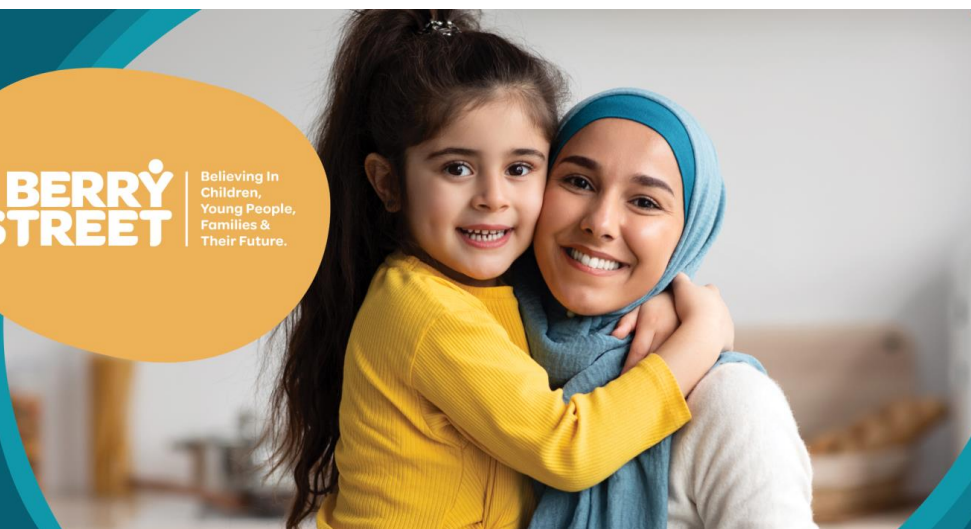
30 CRANBOURNE ROAD FRANKSTON VIC 3199

**Providing Complimentary Initial Consultations**

**Celebrating 122 Years 1901-2023**



Believing In  
Children,  
Young People,  
Families &  
Their Future.



## Foster Care

### Nurturing who they are and who they want to be

As a parent, you know that every child and young person is unique, resilient and has abundant potential.

**Childhood is one of the most important times in life. It's a time for discovery, growth, exploration, and learning—a time for making connections that shape who we become.**

Berry Street foster carers play a vital role in supporting a child's journey and in nurturing their uniqueness. With your time and care, you can encourage and empower a child or young person who has experienced trauma to grow, develop and feel safe.

Whether it's supporting a child to feel safe and build their trust in adults, exploring their interests and developing new hobbies, or encouraging a young person that their dreams are valid, being a Berry Street foster carer is a deeply meaningful and crucial role. And one which each carer brings their unique life experience and skills to.

**Join our community of foster carers and help make a positive impact on a child's life.**

**Phone:** 1800 816 037

**Email:** [fostercare@berrystreet.org.au](mailto:fostercare@berrystreet.org.au)

**Website:** [berrystreet.org.au/fostercare](http://berrystreet.org.au/fostercare)