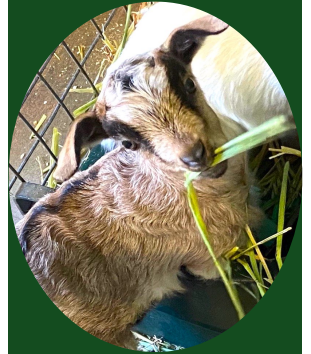


Carrum Newsletter

I want to start by sharing some cracking news!!! There has been so much excitement at Carrum Primary School over the past couple of weeks with the arrival of 8 new students (chicks). Jane has been instrumental in making them feel part of our school and the 8 fluffy chicks are greeted each day by so many smiling faces. Thank you to Jane and Miss Tang for running our **'Hatch and Scratch' program** with the students. This is a very important part of our school and the learning the children are doing as they see the development of the chicks has been amazing.

There is still lots of hard work ahead to help the chicks integrate with the other chooks in Rum B Run. Given the excitement, I don't think we will be short of helpers to ensure they settle in to school!



**1/2 Visit to
REPLAS
14 August**



It was fantastic to see our Prep-2 students enjoying the House Cross Country this afternoon. The

students wore their house colours and ran as fast as they could for their house. Thank you to all the families who were able to come along and cheer on the students. I know it helped them do their best. Also a big thank you to Mr Vansittart and all the staff for ensuring the



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event was lots of fun!

Earlier in the term our Grade 3 and 5 students received their NAPLAN results.

Our teachers will spend some time over the next few weeks breaking down the data and understanding how to use it to support students learning outcomes. At this stage we have been able to compare our results to similar schools and network schools. I am very proud to share that once again our students have performed very well compared to these schools. Often as teachers we always look for what we can do to improve but at this point in time I think it is important to take a breath and celebrate our students achievements. At Carrum Primary School our students consistently punch above their weight in academic results. This is a great credit to our students and staff for their hard work and love of learning.



This term staff have been experimenting with sensory equipment to support students who may require hands on supports to help with focus and engagement.

While we have asked families not to send fidget spinners or other home toys to school without speaking to teachers first, our staff have invested in school equipment that teachers can use as part of learning plans for students that may require them. Our staff do an amazing job at working with parents and carers to set up individual supports for students. The teachers will reflect on recommendations from specialists and ensure we can do our best to cater for each



**3/4 Moonlit
Sanctuary
21 August**



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student's needs. If you do have equipment at home that would be beneficial for teachers to use to support your child at school please speak to your child's classroom teacher and they can decide if this is something that would be suitable to be used in the classroom.

Please remember that all school staff have a right to feel safe at work. Aggression,

violence or any behaviour that makes staff feel unsafe, are not acceptable in our schools. It's important that adults in our school community continue to treat each other with kindness and respect. Learn more about the expectations of behaviour in Victorian school communities. Respectful behaviours in schools ([education.vic.gov.au](https://www.education.vic.gov.au))

We are currently finalising our Prep enrolments for 2024. All families who have completed an enrolment form, as they live within our zone can be rest assured that their child's enrolment will be confirmed by the end of the week. All families out of our zone who have completed an application to enrol will be notified of the school's decision via email by the 11th August.

We thank all the families that have put in their enrolments forms on time as this makes planning for 2024 much easier.

Each year the school conducts an opinion survey with the school community.

All families are invited to participate in the survey. Results will be used to inform and direct our future school planning and improvement.



**Book Week
Parade
22 August**



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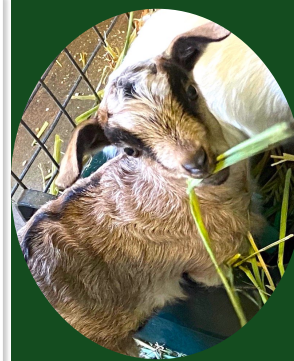
Information relating to the 2023 Parent/Caregiver/Guardian Opinion Survey has been sent out on Compass this week. Please have a read through this information. I ask you to take the time to complete the survey as your opinions are important to us and will contribute to the future management and organisation of our school.

The department will use the results from the survey for research purposes and to improve outcomes for students.

Looking ahead, this Friday our teachers will be running multi-age wellbeing lessons for students to participate in. These activities will continue to help students build friendships across grades and year levels and support students with feeling connected to Carrum Primary School. We know the students really enjoyed the multi-aged activities at the end of last term and our teachers will continue to run some of these activities between now and the end of the year. Also, next week our Grade 1/2 students are off to REPLAS as part of their inquiry unit about recycling. The students are looking forward to understanding how they take old plastic waste and turn it into products we use in the community and at school. Finally, the week will finish with our Subway special lunch day. If you are yet to get your order in please do so by 12pm Thursday 17th August. I know the kids always look forward to our special lunch days and I wanted to thank our Community and Fundraising Subcommittee for organising this event.

Have a great weekend everyone.

*Best regards,
Clem Langford
Principal*



**Father's Day
Breakfast BBQ
1 September**

[Click For
Calendar
Dates](#)



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SPEECH BITES

The Blue Zone

The Blue Zone talks about our lowest level of energy or alertness. It can be very helpful when we are trying to fall asleep or we need to rest our bodies.



Blue Zone

Sad
Bored
Tired
Sick

POSSIBLE BODY SIGNALS:

Heavy Limbs
Moving Slowly
Slow Heartbeat
Foggy Head

The Green Zone

In the Green Zone, we have more neutral feelings, energy and levels of alertness. This Zone is usually helpful when we are trying to learn, focus, listen and process information.



Green Zone

Happy
Focused
Calm
Proud

POSSIBLE BODY SIGNALS:

Relaxed Muscles
Comfortable
Body Temperature
Focused/
Engaged Brain

When we are in the Blue Zone but we have a goal or task that requires more energy, it can be helpful to use a tool to give us some more energy.

Some tools that often give us more energy are:

- Drinking water
- Standing up
- Stretching, walking or exercising
- Talking with a friend
- Chewing something crunchy or chewy

Check in next week
to find out all about
the yellow and red
Zones!

Even though the Green Zone is associated with pleasant feelings, it is not the 'best' Zone or the 'good' zone. All Zones are good for different situations. The Green Zone is often helpful for tasks that we do at school, such as reading, listening, writing, etc.

Some tools that can help support being in the Green Zone are:

- Getting enough sleep
- Exercising regularly
- Eating healthy foods
- Spending time with friends and family
- Spending time doing the things you love

CALENDAR



1/2 Visit to REPLAS
14 August

Special Lunch - Subway
18 August

3/4 Moonlit Sanctuary
21 August

Book Week Parade
22 August (9.15am)

STEAM Design & Maker Conference
25 August

Father's Day Breakfast BBQ
1 September

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RayWhite.

CARRUM'S PROPERTY EXPERT.

SHANE O'SUGHRUE

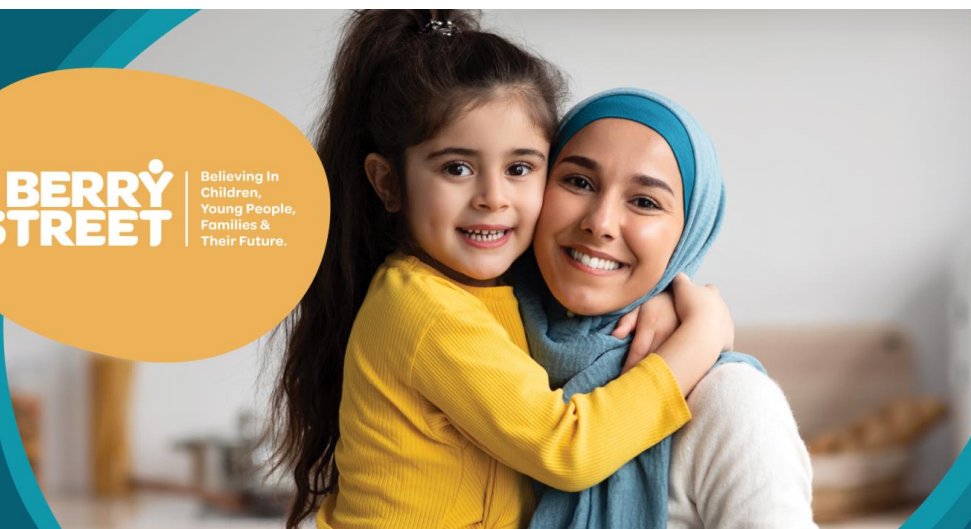
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Young People,
Families &
Their Future.



Foster Care

Nurturing who they are and who they want to be

As a parent, you know that every child and young person is unique, resilient and has abundant potential.

Childhood is one of the most important times in life. It's a time for discovery, growth, exploration, and learning—a time for making connections that shape who we become.

Berry Street foster carers play a vital role in supporting a child's journey and in nurturing their uniqueness. With your time and care, you can encourage and empower a child or young person who has experienced trauma to grow, develop and feel safe.

Whether it's supporting a child to feel safe and build their trust in adults, exploring their interests and developing new hobbies, or encouraging a young person that their dreams are valid, being a Berry Street foster carer is a deeply meaningful and crucial role. And one which each carer brings their unique life experience and skills to.

Join our community of foster carers and help make a positive impact on a child's life.

Phone: 1800 816 037

Email: fostercare@berrystreet.org.au

Website: berrystreet.org.au/fostercare



3 WEEK PROGRAM: AUG 20 - SEPT 03, 2023

PRE-SEASON CLINICS

AT ELIZABETH MURDOCH COLLEGE LANGWARRIN

Want to see what we are all about?

Have you already registered and want to start training?

\$25 for new members | \$12.50 for SEM Magic members



Clinic Groups / Times:


Under 8 | 2017/16 | 2:30-3:30pm

Under 10 | 2015/14 | 3:30-4:30pm

Under 12 | 2013/12 | 4:30-5:30pm


JOIN NOW


Venue:

 Elisabeth Murdoch College

 Address: 80 Warrandyte Rd, Langwarrin

Enquiries:

 admin@semmagic.club

 9783 0642



Learn more and sign up here:

www.semmagic.club/pages/preseason-training-clinics

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HAVE A BLAST



Get into Woolworths Cricket Blast

It's a fun and active program for kids of all abilities, whether it's your first time with a bat or you're a backyard Cricket star!

Registration Morning Saturday 26th August 9-11am
Come down and have a go at some fun activities
New members welcome. See you at the nets!
Enquiries to Bec - Junior Coordinator 0439 374 373



JOIN YOUR NEAREST CLUB

Q Play Cricket

**PROUDLY
PRESENTED BY**



Celebrating 122 Years 1901-2023



PLAY CRICKET

More runs. More wickets. More fun!

Get involved in all the Junior Cricket action at your local club this Summer.

**Registration Morning with some fun activities
Saturday 26th August 9am - 11am
New members welcome. See you at the nets!
Enquiries to Bec - Junior Coordinator 0439 374 373**



JOIN YOUR NEAREST CLUB

Q Play Cricket

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Girls just want to
**PLAY
CRICKET**

Make new friends and get active playing all girls Junior Cricket
It's a fun competition for girls aged 11-17 - come and join us!

Expression of Interest for girls to play at Carrum CC
Girls competition played on a Tuesday evening,
Modified rules, 8 players in a team
Enquiries to Bec - Junior Coordinator 0439 374 373



JOIN YOUR NEAREST CLUB

Q Play Cricket

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